

Lifeguard Depot.com®

LifeguardDepot.com Sizing Chart

Adult Clothing

(inches)

	Canada's National Lifeguard T-Shirt – Women's								
Size	XXS	XS	S	M	L	XL	XXL	XXXL	XXXXL
Equivalent Sizing:									
TOPS									
Body Length			25	26	27	28	29		
Full Body Length			25	26	27	28	29		
Body Width/Chest Size			18	20	22	24	26		
Sleeve Length			13.8	14.5	15.5	16.5	17.5		

Body Length

(Lay garment face down & flat, measure from center back neckline seam straight down to front bottom hem)

Full Body Length

(Lay garment face down & flat, measure from center back neckline seam straight down to back bottom hem)

Body Width/Chest Size

(Lay garment flat, measure chest width 1" below armpit)

Sleeve Length

(Lay garment face down & flat, measure from center back neck to outer edge of shoulder seam, then along outer edge to sleeve end)